

**Easy read**

**Some good examples of women and girls with disabilities getting their rights during COVID-19**

**COVID-19 is a new illness that many people in the world have been getting. It is sometimes called Coronavirus.**

**A group of people with masks

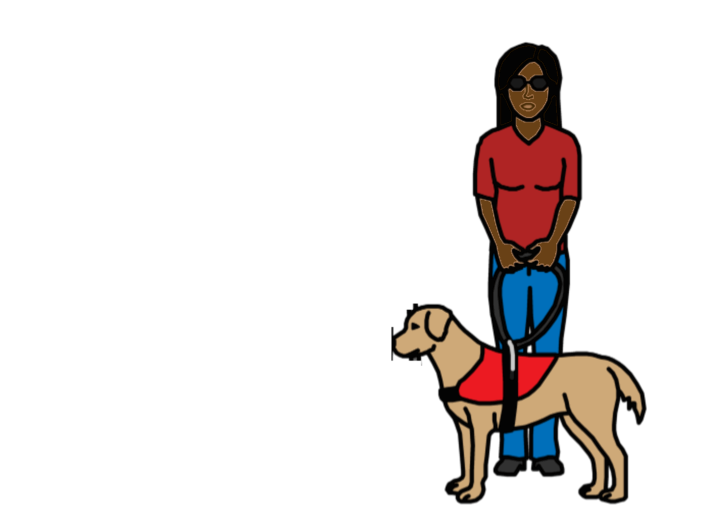
Description automatically generated with low confidence**

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# A drawing of a person Description automatically generatedAbout this report

This report is about the rights of women and girls with disabilities during COVID-19.

It is about their rights to do with their bodies, sex, relationships and having children.



A person in a green dress

Description automatically generated with medium confidence

This report has some good examples of women and girls with disabilities getting their rights during COVID-19.

**A picture containing vector graphics

Description automatically generated**

All women and girls with disabilities have the right to get good support to do with their bodies, sex, relationships and having children.

This includes health care and information.

And support to make their own choices.

Icon

Description automatically generated

But many women and girls with disabilities do not get their rights.

This was a problem before COVID-19.

But it got worse during COVID-19.

A picture containing text, clipart

Description automatically generatedBut some governments and organisations made sure that women and girls with disabilities could still get their rights during COVID-19.

A picture containing text, shoji, crossword puzzle, clipart

Description automatically generated

This report has some examples of good support for women and girls with disabilities during COVID-19.

The examples are from different places around the world.

A picture containing diagram

Description automatically generated

We hope that other governments and organisations can learn from the examples.

A picture containing drawing, window

Description automatically generated

When we say women and girls with disabilities we also mean people with disabilities who are not the gender that people say they are.

Gender is about being a woman, a girl, a man, a boy or someone else.

**Some good examples of women and girls with disabilities getting their rights during COVID-19**

**The rights are to do with their bodies, sex, relationships and having children**

A picture containing logo

Description automatically generated**Making health services good and easy to use**

The government in Tajikistan and other organisations started a new project during COVID-19.

A picture containing clipart

Description automatically generatedThe project gave free health care to women and girls with disabilities.

A picture containing shape

Description automatically generated

Many health care places were hard for women and girls with disabilities to use.

Diagram

Description automatically generated

So the project built 5 new places in local areas.

Shape

Description automatically generatedThe new places give women and girls with disabilities lots of health care and advice.

For example:

* Medical tests to see if they have some health problems

A picture containing text, mirror

Description automatically generatedShape

Description automatically generated

* Pills, condoms or other things to stop them getting pregnant if they want that

Icon

Description automatically generated with medium confidence

* Advice to do with being healthy, safe sex and having children
* Support to feel OK if they are sad or worried. For example, if someone is violent to them

A picture containing text, clipart, vector graphics

Description automatically generated

There has also been new information and training for doctors and nurses.

This is to help them know about the rights of women and girls with disabilities and how to treat them fairly.

A computer with a blue screen

Description automatically generated with medium confidence**Women with disabilities supporting each other**

A group of women with disabilities in Guatemala met on the internet during COVID-19.

Square

Description automatically generated with medium confidence

The group could not meet in person during COVID-19.

So they met on the internet instead.

Shape

Description automatically generated

A person in a wheelchair

Description automatically generated

Meeting on the internet helped the women to talk about new and important things.

For example, things to do with their bodies, sex, relationships and children.

A picture containing clipart

Description automatically generated

The women got support to meet on the internet if they needed it.

For example, some women did not know how to meet on the internet before that.

**Keeping safe from violence**

Icon

Description automatically generated

An organisation in Sri Lanka is making a new app for women with disabilities to use.

An app is something that is put on a mobile phone.

A black and white drawing of a person's face

Description automatically generated with medium confidence

The app is for women with disabilities who need help quickly.

For example, if someone is violent to them.

A person holding a phone

Description automatically generated with low confidence

The app tells women where to get help. For example, from the police or hospitals.

Information on the app is easy to understand.

For example, there is information in sign language and easy words.

A picture containing shape

Description automatically generatedA project in Spain also helped women with disabilities to speak up about violence that happens to them.

A picture containing vector graphics, clipart

Description automatically generated

Women with disabilities helped with the project.

Icon

Description automatically generated

The project helped people to use social media to speak up about violence.

Social media is things like Twitter and Facebook.

A picture containing text, clipart

Description automatically generated

Women with disabilities also helped to make a document about stopping the violence.

The document was in easy words with pictures.

**Looking at everything that women and girls with disabilities need**

Icon

Description automatically generated

Many women and girls with disabilities in Kenya found life hard during COVID-19.

For example, they found it hard to get information, food and other things they needed.

Shape, logo, company name

Description automatically generated

Some organisations in Kenya have been supporting many women and girls with disabilities.

The support includes:

* Extra money to live on
* Things that girls with disabilities need. Like soap and things for their periods

Square

Description automatically generated with medium confidence

Women with disabilities also got support to meet and learn things on the internet.

This helped women with disabilities to learn new skills and support each other.

A person sitting at a desk

Description automatically generated with medium confidence**Making good laws**

In 2020 Pakistan made a law to support the rights of people with disabilities.

A picture containing clipart

Description automatically generated

For example, the law says that:

Women with disabilities should get free health care to do with sex and having children.

A picture containing text, clipart

Description automatically generated

Women with disabilities must not be forced to have medical treatment to stop them having children.

A picture containing graphical user interface

Description automatically generated

There should be better support for women and girls with disabilities if violence happens to them.

For example, advice and money to help them go to court.

**To find out more**

A picture containing text, vector graphics

Description automatically generated

There are more documents about the rights of women and girls with disabilities to do with their bodies, sex, relationships and having children.

The documents are in easy words and pictures.

A picture containing picture frame, display

Description automatically generated

You can find them on these websites:

<https://www.unfpa.org/resources/young-persons-disabilities-easy-read-report>

A picture containing picture frame, display

Description automatically generated

This document is about the rights of women and girls with disabilities during COVID-19:

<https://www.unfpa.org/resources/easy-read-covid-19-gender-and-disability-checklist-making-sure-people-disabilities-get>

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